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<i>En Plein Air Coordinator</i>	Open
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<i>Newsletter Editor</i>	Laurie Yaksick
<i>Annual Show Managers</i>	Denise Deiloh Sarah Nguyen

<i>Annual Show Lead Juried</i>	Candy Yu
<i>Annual Show Lead Non-Juried</i>	Open

Contact

eastvalleyartists@gmail.com

  @eastvalleyartists

www.eastvalleyartists.org

Letter From the President

What interesting times we are in. I know this is a scary and weird time for many. But I have to tell you, I am so pleased to see how people are pulling together to help each other. Getting groceries for those who can't venture out, dropping off supplies to those who need them, and connecting in new ways. I know not all of you are on Facebook or Instagram, but the artist community is really reaching out to support one another. Challenges are popping up all over the place, new hashtags, and new Facebook pages.

People are commenting on how they have time to work on their art because they aren't commuting. How they are spending time walking, running, and riding; because they have time; because they have to stay home; because it helps them deal with the stress. I keep hearing from friends about how they are playing more games with each other. Connecting with their children in new ways. People are learning to bake, to garden, to try a new art form. Each of these stories is like a little ray of sunshine for me. I hope you look for happiness online.

I am sorry to tell you all that the board had decided to cancel the April meeting and demo. The current guidance is that we are still going to be shut down for a while, and group meetings are not advised until after May 1st. Should this change and should the Church reopen before then, we can reconsider. However, since this is the primary communication for some, I wanted to make the announcement sooner than later. The board is trying to arrange a virtual meeting for those who might want to check-in and share. If we can arrange it, instructions will be coming via email!

I hope you are enjoying the Art Challenge. I am so impressed with the responses to our Art Challenge! What a fantastic idea Sarah had to start it. Our first week's prompt, Melody, was a success! Eyes brought out some beautiful creations and some funny ones. I can't wait to see what you all create for "Water." Thanks to Sarah and Julie for all the work on the challenge.

I encourage you to connect with us on the Facebook page and group, but also, please reach out to each other and check-in. I know we are all missing that interaction with our favorite people and our artist tribe, so if you need something or have an idea you would like to talk about, please drop me an email or reach out to another artist. I miss you all so much and can't wait to see everyone at the next meeting, virtual or in person. Until then, please take care of your selves, stay home, wash your hands, and enjoy your art.

Warmest regards,



Calendar of Events

Apr. 2nd @ 6:30 pm - Board Meeting
-Virtual meeting

Apr. 16th @ 6:30 pm - Artists' Meeting
Regular Monthly Meeting - **Cancelled**
Stay tuned for possible virtual meeting information via email

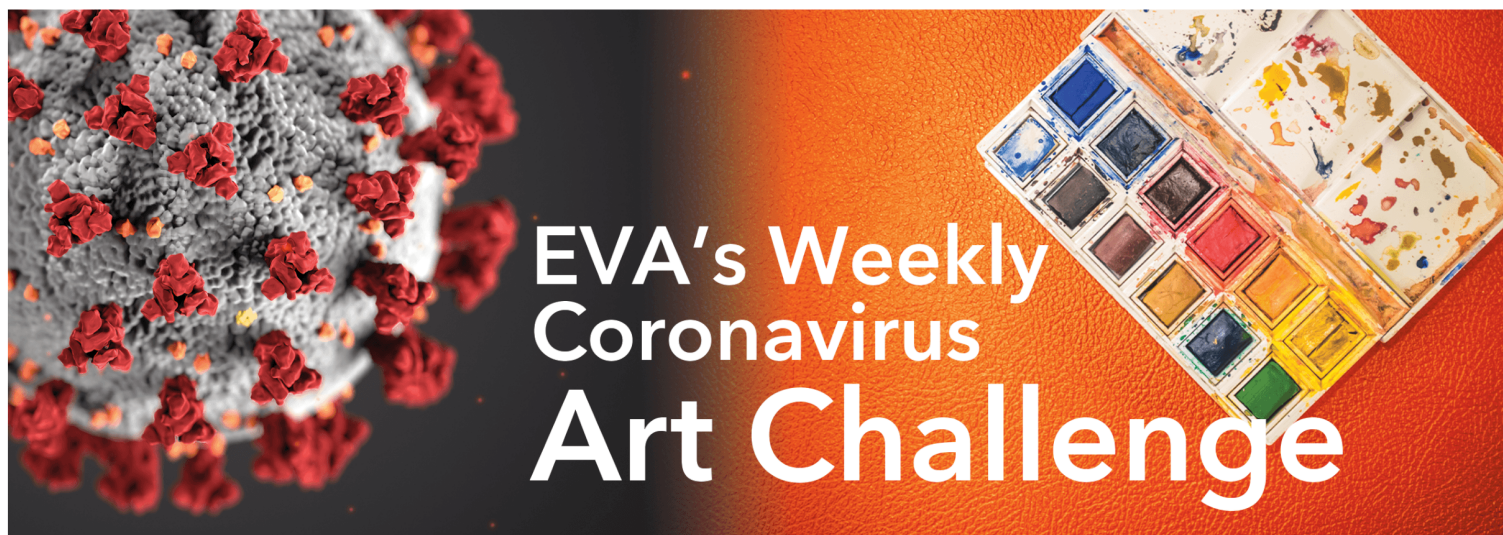
Art Challenge

"The Blues"

What do you think of when you hear "The Blues"? The color or the music? Get creative & share your interpretation.

The project is due on **June 18th**

The winning pieces will be on display
June 20th - September 17th



Attention EVA members and friends!

As you know, the Bay Area has been under a shelter-in-place order to minimize the spread of COVID-19. Since we've all been stuck at home and will continue to be for the next few weeks, we decided to host an interactive art challenge! We encourage you all – members and non-members alike – to join in on the fun. Tell your family and friends!

Here's how it works:

- Each Wednesday, we will provide a random prompt for you to use as inspiration in your art-making. You can create as many pieces of art as you like! Set your own production goals for this challenge, whether it's one piece per week or 10. If the word we pick doesn't inspire you, choose your own! The point is to get our creative juices flowing and to share our art with one another.
- You are free to use any media you like: watercolor, ceramics, textiles, pastels, oil, wood, collage... the sky's the limit. We only ask that you keep your work free of violence, nudity, and any other potentially offensive subject matter/imagery.
- By the following Wednesday, share a photo of your work to our Facebook page or group OR, you can email us your photos: eastvalleyartists@gmail.com. We will share all submissions on our Facebook page and via email to our members.
- For email submissions, be sure to name your image file with your name and the title of your work if it has one. [Example: **SarahNguyen_GreenEyes.jpg**]. This helps us stay organized!
- At the end of the shelter-in-place, we'll ask everyone to share their favorite piece from the challenge to collect for a virtual art show. We also may be able to exhibit everything in a physical location as well! Stay tuned for details on that.

Here is the schedule for the upcoming prompt words:

Mar. 25 - 31: *Eyes*
 Apr. 1 - 7: *Water*
 Apr. 8 - 14: *Orange*
 Apr. 15 - 21: *Gratitude*
 Apr. 22 - 28: *Self*
 Apr. 29 - May 5: *Scent*

Happy Creating!



and the EVA Board

Art Tip of the Month

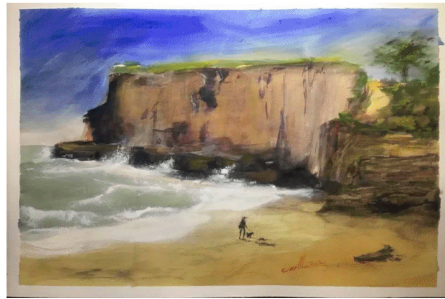


Your greatest masterpiece may be a work yet to come. Keep creating art!



Melody: March 18th - April 24th

Our first challenge prompt was "Melody," and we received an incredible variety of art! There was everything from songbirds to singing landscapes to musicians of all ages. Since we opened up this weekly challenge series to non-EVA members as well, we even got a melody entry from someone outside of the club. Michael Sunzeri emailed us photos of his metal and wood sculpture titled "Eileen's Harp" and said he will see us when the social distancing mandate is over. What an exciting start to our virtual art challenge! Check out our Facebook page for more submissions and information.



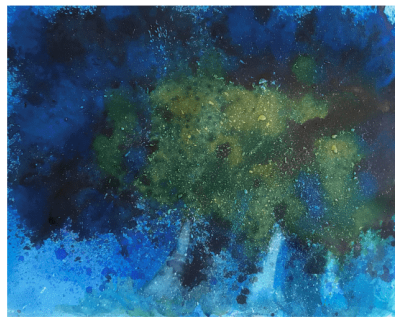
Nhut Trinh



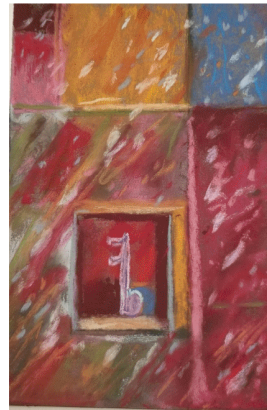
Joy Wallingford



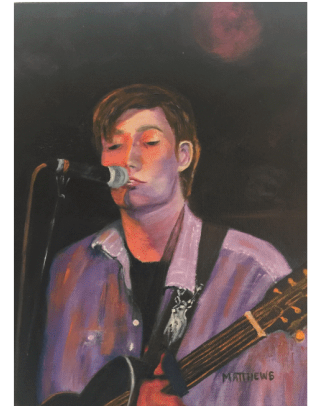
Denise Delioh



Julie Cline



Lynne Rosenthal



Margie Matthews



Robert Johnson



Nitasha Sahay



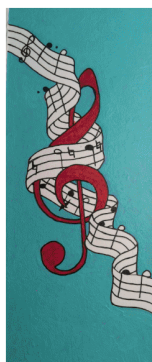
Jeanne Wardrip



Sarah Nguyen



Judi Sherwood



Wendell Fiock



Erin Sherwood



Michael Sunzeri



Eyes: March 25th - 31st

Some say that the eyes are the window to the soul.

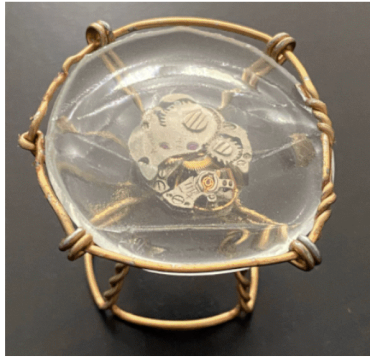
Week two was focused on "Eyes." Be it human, animal, or otherwise, we received some stunning entries!

Some pieces were monochromatic, others were full of color.

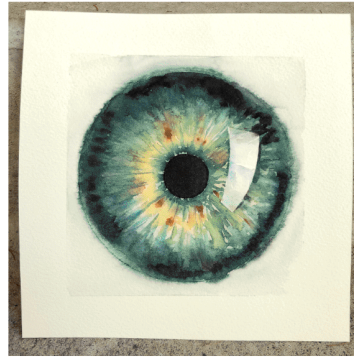
Which one is your favorite? Check out our Facebook page for more!



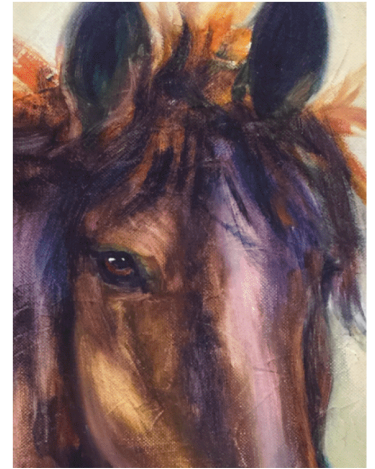
Nancy Zhang



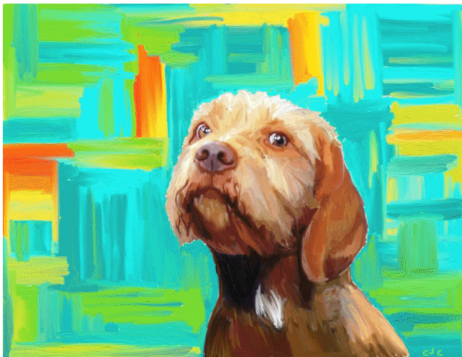
Glenna Rand



Sarah Nguyen



Marjorie Matthews



Carol Cameron



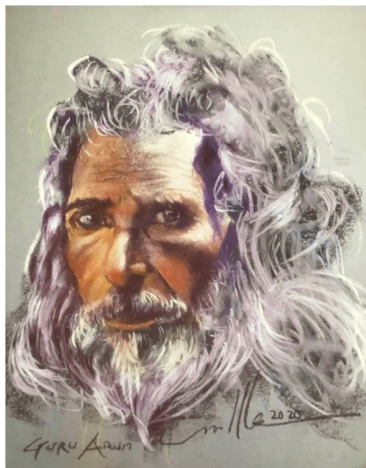
Barb Gottesman



Candy Yu



Shelly Woolvin



Nhut Trinh



Jeanne Wardrip



Wendell Fiock



ARTIST SPOTLIGHT Hadi Aghaee

Hadi's art journey fits a generic story of the majority of artists; passionate about art in childhood until life responsibilities caught up with him, then there were decades of a pause in art, and then back again.

Hadi began self-taught drawing from an early preschool age without any formal training. He started doodling with pencil and pen and later with pastel in his high school years.

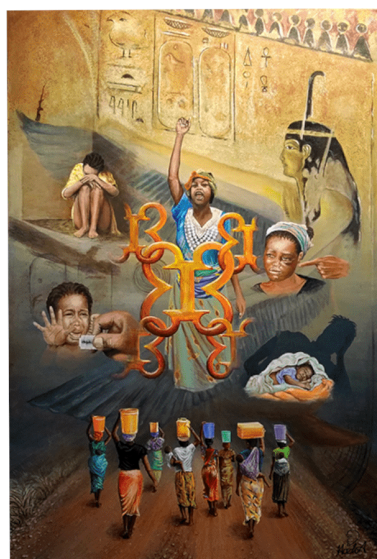


Hadi was the son of a struggling metalsmith from the less fortunate part of the city of Shiraz, Iran. As no one can predict what the future will hold, in 1976, one thing led to another, and Hadi found himself alone at Kennedy Airport in New York, with a suitcase in hand and tears rolling down his face. He was just 19. Up to this point, he had barely stepped out of his hometown boundaries. That was the beginning of years of mixed happy occasions and mentally torturous times to come! His attempt to continue his passion for art failed due to the circumstances of the time. Fast forward, over 4 decades later, and after many odd jobs from domestic engineering to semiconductor engineering, he now is deeply submerged in art full time with a due or die mentality. (He kinda feels which way it is going!)

www.hadiaghaefineart.com



@HadiAghaeeFineArt



It is only since mid-2014 that Hadi has picked up a brush and paint; yet, he has been fortunate that many of his paintings have been accepted in regional, statewide and national competitions and been awarded on multiple occasions.

Hadi initially began experimenting with different styles and converting his happy memories into visual art. He has now found his calling to be a responsible artist and use his art to speak of and bring attention to today's social humanity/inhumanity in a surreal and realistic style. Hadi occasionally paints digitally and creates small sculptures of various mediums as well.

Association News



- ✓ Board meeting:
 - Ongoing EVA projects and events were discussed.
- ✓ No artist meeting in held in March.
- ✓ Berryessa Art show has moved to September due to the Coronavirus. Stay tuned for further updates later this year.
- ✓ The Art Crawl is currently on hold due to the Coronavirus. Please stay tuned for further updates.
- ✓ We are seeking en Plein air coordinator. Anyone interested in scouting sites and putting together a calendar of outings should contact Shelly. It would be super-duper if someone could volunteer and plan a few outings once the shelter in place order has been lifted.
- ✓ We need additional members to help with set up, again once the shelter in place order has been lifted. Anyone who can help set up for meetings should contact Kika or Shelly. Set up starts at 6:00. It can be a rotating position, but it's too much for Kika to do on his own.
- ✓ The March and April Demos will be rescheduled.



We are excited to welcome **Patti Henry** to EVA! She is a mixed media artist that taught at San Jose State. She was referred by Lynn Rosenthal. Thanks Lynn!

It is so great to be adding members during these challenging times!



Tips for Finding Inner Peace

Here are some great tips to find some inner peace during these unprecedented times.

Give thanks: Start and end your day by giving thanks for all you have, whether it's food, shelter, clothing or something else.

Practice acceptance: Life will always throw you curveballs, and it can get you down if you don't practice acceptance.

Be kind: Acting unkindly toward others does not benefit you. Instead, be kind, and most others will in turn be kind to you.

Take care of your body: Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep. Getting the right amount of sleep each night will help you wake up with a clear and relaxed mind.

Keep your environment clean: It's hard to relax in a messy space, so keep your space clean and fill it with things that bring you joy.

Calm your wandering mind: Our minds easily drift away to unsettling thoughts when we let them. Instead, bring them back to what you love.

Make time to unwind: Try to do some other activities you enjoy. Be creative!

Take a Break: Take breaks from watching, reading, or listening to news stories, including social media.

Connect with others: Talk with people you trust about your concerns and how you are feeling.

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EVA Monthly Meeting Details

Meetings are held on	Fellowship Hall
3rd Thursday of each	Foothill Presbyterian Church
month @ 6:30 PM	5301 McKee Road
Meetings are open to all	San Jose, CA 95127



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